

OCEANS OF HOPE CHALLENGE 2020 – BEWL WATER



Friday 26th to Sunday 28th June 2020
BEWL WATER OUTDOOR CENTRE, LAMBERHURST, KENT

In association with Adventure Kent and Mariners of Bewl

Come and try sailing with us!

Oceans of Hope UK focuses on overcoming the challenges of sailing to restore the self- confidence that can be stolen by Multiple Sclerosis.

Our aim is to help you gain self-confidence and a renewed sense of empowerment. The camaraderie of sailing a boat with people who have similar experiences creates an environment where people can comfortably share their hopes and fears. The Oceans of Hope experience is a catalyst for creating lasting friendships and a sense of community.

Our Bewl Water 2020 Challenge is a fun and fully accessible weekend of sailing and watersports at Bewl Water, Kent; with wheelchair accessible accommodation, a hoist and a range of accessible boats suitable for any ability wishing to try sailing and watersports. We also invite you to bring a friend, partner or carer if you wish.

website www.oceansofhope.co.uk

Facebook [oceans of hope challenge](https://www.facebook.com/oceansofhopechallenge)

application form & information challenge@sailingsclerosis.com

Bewl Water is the largest inland water in the south east, located in 800 acres of beautiful countryside. Bewl Water Outdoor Centre is a modern building incorporating accessible accommodation and catering facilities.

Expert RYA trained instructors will be on hand to supervise and coach.



Mariners of Bewl

"My MS had become like a cage without a key, Oceans of Hope UK helped me see what is possible." - Debbie, Oceans of Hope Participant

COST: £185 GBP per person. This includes all food (catered) and on-site accommodation.

STARTS: 6pm Friday 26th June 2020 **FINISHES:** 4pm Sunday 28th June 2020

ADDRESS: Bewl Water Outdoor Centre, Bewlbridge Lane, Lamberhurst, Kent, TN3 8JH

Tel: 03000 41 52 00

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